

# Making Powerchair Soccer a Quality Experience

## Did you know?

- ▶ Powerchair soccer started in France in the 1970s and is now played worldwide under the Fédération Internationale de Powerchair Football Association (FIPFA).
- ▶ Powerchair soccer (or football) is an inclusive sport similar to able-bodied soccer. Like soccer, two teams compete against each other and attempt to score goals by shooting the ball into their opponent's goal area, which is marked by two posts.
- ▶ Athletes are often able to use their daily powerchair to compete, and will also require a plastic or metal footguard attached to the chair. The footguard is used to pass, dribble, and score with the ball that is 13" in diameter.

**EXAMPLE:** In the images on the left you will see different examples of powerchair soccer. These examples show the footguard attached to the chair with the 13" ball.



## How to Keep Quality in Play

### What is quality participation?

Quality participation happens when athletes view their involvement in boccia, or other sports, as satisfying and enjoyable and experience outcomes they consider important.

### How can we build it?

There are six building blocks as the foundation for quality participation (hint: check out the link to the Blueprint below). When paired with welcoming spaces, well-designed programs, and supportive communities, these elements create sport experiences that keep athletes engaged and coming back.

### Where can we learn more?

The Canadian Disability Participation Project has created the [Blueprint for Building Quality Participation in Sport for Children, Youth, and Adults Participating in Powerchair Sport](#), in partnership with [PowerHockey Canada](#), to introduce key concepts that underpin quality participation to coaches and volunteer to better facilitate quality sport experiences for athletes.

Visit Powerchair Soccer Canada's website at [www.powerchairsoccercanada.com](http://www.powerchairsoccercanada.com).

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