

Making Powerhockey a Quality Experience

Did you know?

- Competitive powerhockey is played in at least 13 countries around the world, including in Canada. There are also at least 9 more countries developing powerhockey programs.
- The goal of powerhockey is for teams to work together, using their powerchairs to move around the court and sticks to guide the ball into the other team's net.
- PowerHockey Canada has created the [**Community Coaches Training Program**](#). It is a free video series created to inform, empower and support current and aspiring powerhockey coaches.

EXAMPLE: In the images on the left you will see different examples of powerhockey. These examples show different abilities, genders, and ages. Powerhockey is an inclusive team sport where athletes of all abilities and ages can compete and have fun.



How to Keep Quality in Play

What is quality participation?

Quality participation happens when athletes view their involvement in boccia, or other sports, as satisfying and enjoyable and experience outcomes they consider important.

How can we build it?

There are six building blocks as the foundation for quality participation (hint: check out the link to the Blueprint below). When paired with welcoming spaces, well-designed programs, and supportive communities, these elements create sport experiences that keep athletes engaged and coming back.

Where can we learn more?

The Canadian Disability Participation Project has created the [**Blueprint for Building Quality Participation in Sport for Children, Youth, and Adults Participating in Powerchair Sport**](#), in partnership with [**PowerHockey Canada**](#), to introduce key concepts that underpin quality participation to coaches and volunteer to better facilitate quality sport experiences for athletes.

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